

A close-up photograph of a man with dreadlocks and a beard, wearing a dark sweater, gently holding a baby. The man's eyes are closed, and he has a peaceful expression. The baby is looking up at him. The background is softly blurred, showing a window with light coming through.

Hnub So Nrog Tsev Neeg Nyob Uas
Tau Txais Kev Them Nyiaj

**Kev pab kom cov pej xeem
California tau los nyob nrog
thaum lub sij hawm tseem ceeb.**





Kuv Puas Tsim Nyog tau Paid Family Leave?

Yuav kom tsim nyog tau txais Paid Family Leave cov nyiaj pabcuam, koj yuav tsum:

- Qhaj hauj lwm los saib xyuas tus neeg hauv tsev neeg uas mob hnyav, lus zov tu tus me nyuam tshiab los sis koom nrog kev ua tub rog tsim nyog.
- Raug duav roos los ntawm State Disability Insurance los sis ib daim phiaj xwm yeem los hloov qhov State Disability Insurance.
- Muaj nyiaj tau los yam tsawg kawg yog \$300 hauv 5 txog 18 lub hlis dhau los.
- Xa koj daim ntawv thov tsis pub dhau 41 hnub tom qab koj pib qhov kev qhaj mus koom tsev neeg. Tsis txhob ua ntaub ntawv ua ntej koj thawj hnub so.

Cov Nyiaj Pabcuam Raug Xam Li Cas?

Cov txiaj ntsig yog 70 txog 90 feem pua ntawm koj cov nyiaj tau los ntau tshaj peb lub hlis twg 5 txog 18 lub hlis ua ntej koj qhov kev thov pib.

Khuv yees koj cov nyiaj pab tau ntawm [Disability Insurance thiab Paid Family Leave Calculator](#) (edd.ca.gov/PFL_Calculator).



Paid Family Leave Puas Muab Kev Tiv Thaiv Txoj Hauj Lwm?

Paid Family Leave tsis muab kev tiv thaiv txoj hauj lwm. Tej zaum yuav muab kev tiv thaiv txoj haujlwm yog tias koj tsim nyog raws li lwm txoj cai lij choj xws li:

- Txoj cai Federal [Family and Medical Leave Act](#).
- Txoj cai California Family Rights Act. [Civil Rights Department](#).

Qhia rau koj tus tswv ntiav haujlwm txog koj txoj kev npaj yuav qhaj hauj lwm thiab lub laj thawj rau kev qhaj raws li koj lub tuam txhab txoj cai.

Kuv Yuav Thov rau Cov Nyiaj Pab Li Cas?

Koj tuaj yeem thov rau Paid Family Leave cov nyiaj pab tau ntawm [myEDD](#).

Txhawm rau ua ntawv thov hauv kev xa ntawv, koj yuav tsum ua kom tiav thiab xa ib daim ntawv Claim for Paid Family Leave (PFL) Benefits (DE 2501F). Kawm ntxiv ntawm [File a Paid Family Leave Claim by Mail](#).

Cov Kev Thov Them Nqi Saib Xyuas

Muab daim ntawv pov thawj kho mob rau tus neeg mob hnyav hauv koj tsev neeg uas xav tau koj txoj kev saib xyuas. Daim ntawv pov thawj no yuav tsum yog los ntawm lawv cov kws kho mob muaj ntawv tso cai. Koj yuav tsum tau muab cov ntaub ntawv hais txog tus neeg hauv tsev neeg uas koj tab tom saib xyuas thiab lawv li kev kos npe.

Daim Ntawv Thov Them Nyiaj Kev Tsim Kev Sib Raug Zoo

Muab cov ntaub ntawv uas qhia koj txoj kev sib raug zoo rau koj tus me nyuam. Qhov no tuaj yeem yog ib daim ntawv luam ntawm koj tus me nyuam daim ntawv pov thawj yug, daim ntawv cog lus txog kev coj me nyuam los tu, los sis cov ntaub ntawv teev txog kev saws me nyuam los tu.

Yog tias tam sim no koj tab tom tau txais cov nyiaj pab ntsig txog kev xeeb tub los ntawm Disability Insurance, tsis tas yuav tsum thov rau daim ntawv thov them nyiaj Paid Family Leave. Yuav muab daim ntawv thov them nyiaj rau kev sib raug zoo xa tuaj rau koj hauv koj tus as qhauj [myEDD](#) los sis los ntawm kev xa ntawv thaum koj daim ntawv thov kev tsis taus ntawm cev xeeb tub xaus.



Cov Kev Thov Them Nyiaj Pabcuam Kev Ua Tub Rog

Cov kev thov them nyiaj pabcuam tub rog xav tau ob hom ntaub ntawv txhawb nqa. Qhov no tuaj yeem yog qhov pov thawj ntawm kev ua lub luag haujlwm tub rog tiag los sis kev hu kom mus ua tub rog tiag thiab cov ntaub ntawv ntawm qhov xwm txheej uas tsim nyog.

Cov Phiaj Xwm Siab Yeem

Yog tias koj raug pab them nqi los ntawm txoj kev npaj siab yeem, hu rau koj tus tswv ntiav haujlwm kom paub txog koj cov kev pab them nqi kho mob thiab cov lus qhia txog kev thov nyiaj pab.

Yuav Ua Li Cas yog tias Kuv Qhov Kev Thov Raug Tsis Kam Lees?

Yog tias koj qhov kev thov raug tsis kam lees, koj muaj cai los:

- Paub qhov laj thawj ntawm kev tsis kam lees.
- Thov rov hais dua qhov kev txiav txim siab txog koj qhov kev tsim nyog tau txais txiaj ntsig mus saib Visit [Appeals](#) kom paub ntau ntxiv.

Tag nrho cov ntaub ntawv thov them nyiaj yog tsis pub lwm tus paub tshwj tsis yog rau cov hom phiaj uas raug tso cai los ntawm txoj cai lij choj.

Hais Txog Ntawm Paid Family Leave

Qhov kev pabcuam Paid Family Leave raug tsim los rau lub sijhawm uas tseem ceeb. Cov nyiaj pabcuam yog muaj los pab saib xyuas ib tug neeg hauv tsev neeg uas mob hnyav, sib txuas nrog tus me nyuam tshiab, los sis koom nrog kev ua tub rog tsim nyog.

Qhov Tseeb Hais Txog Ntawm Paid Family Leave

- Muab cov nyiaj pab-hloov-ib feem ntawm cov nyiaj nqi zog ntev txog yim lub lim tiam. Kev qhaj hauj lwm tsis tas yuav tsum yog tib zaug.
- Muab khwv yees li 70 mus rau 90 feem pua ntawm koj cov nyiaj hli txhua lub lim tiam.
- Tau txais nyiaj los ntawm koj cov nyiaj ua se hauv State Disability Insurance, sau tseg tias "CASDI" ntawm cov tw nyiaj them, los sis qhov phiaj xwm siab yeem tsim nyog uas tau them rau hauv 5 txog 18 lub hlis dhau los.
- Txhawm rau txuas nrog tus me nyuam tshiab, tuaj yeem qhaj tau txhua lub sijhawm hauv thawj 12 lub hlis suav txij tus menyuam yug los rau koj tsev neeg.
- Kev ua pej xeeb thiab kev nkag teb chaws tsis cuam tshuam txog qhov kev tsim nyog tau txais kev pab.





Hnub So Nrog Tsev Neeg Nyob Uas Tau Txais Kev Them Nyiaj

Muaj txhawm rau lub sijhawm tseem ceeb.

PFL Tus Xov Tooj

Peb tus xov tooj hu dawb yog **1-877-238-4373**. Muaj cov neeg sawv cev nyob rau hnub Monday txog Friday thaum 8 teev sawv ntxov txog 5 teev tsaus ntuj, tshwj tsis yog cov hnub so. Tom qab ib tsab lus luv luv, koj yuav tsum xaiv hom lus.

- Nias 1 rau lus Askiv
- Nias 2 rau lus Mev
- Nias 3 rau Tag Nrho Lwm Hom Lus. Cov kev pab txhais lus muaj pub dawb.

Tus Xov Tooj TTY

Peb tus xov tooj hu dawb yog 1-880-445-1312.

Yog xav paub ntxiv, mus saib [State Disability Insurance](#).

Yog xav paub ntxiv, mus saib [Paid Family Leave](#)