SDI ONLINE TUTORIAL

Apply for Paid Family Leave

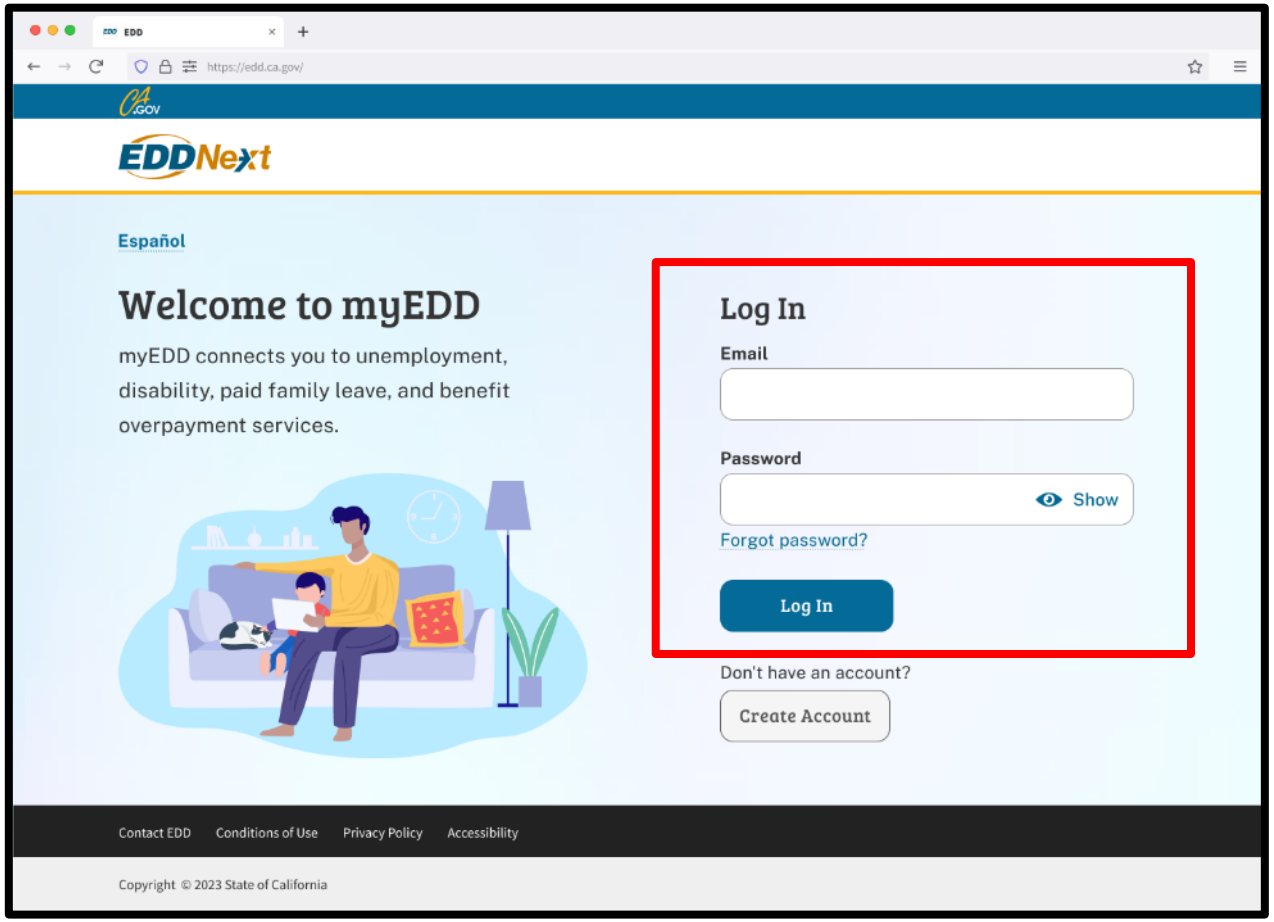
Military Assist

Last Updated: July 2026

Apply for Military Assist Benefits

Learn how to apply for benefits to support your family member's military deployment to a foreign country.

Get Started



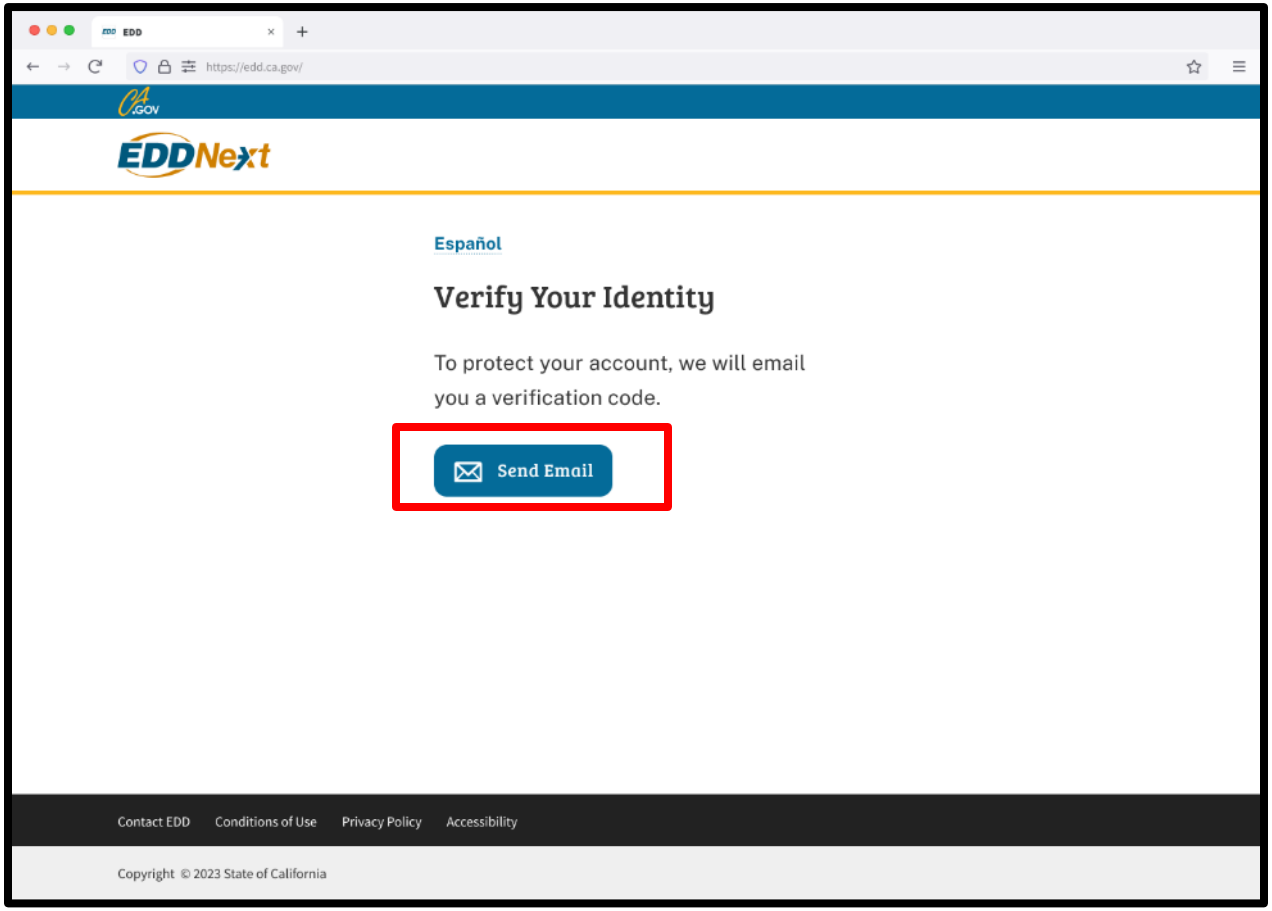
Apply Online

Tip

For Spanish, select **Español**.

Log in to myEDD to access SDI Online, update your email, password, security question, or verification option:

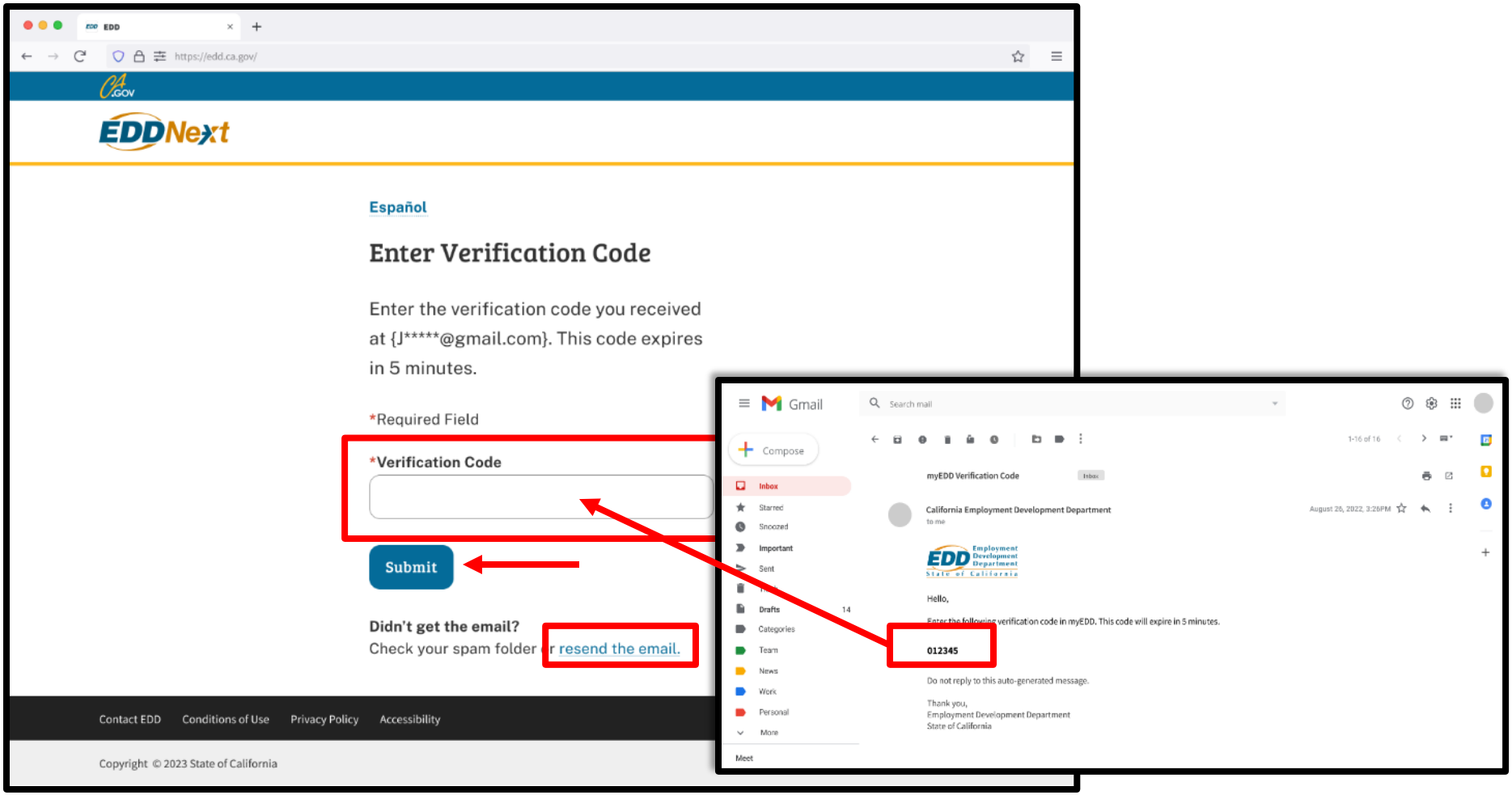
1. Visit myEDD.
2. Enter the email and password used to create your myEDD account.
3. Select **Log In**.



To protect your account, we ask you to verify your identity every time you log in. In this example, the identity verification option is by email.

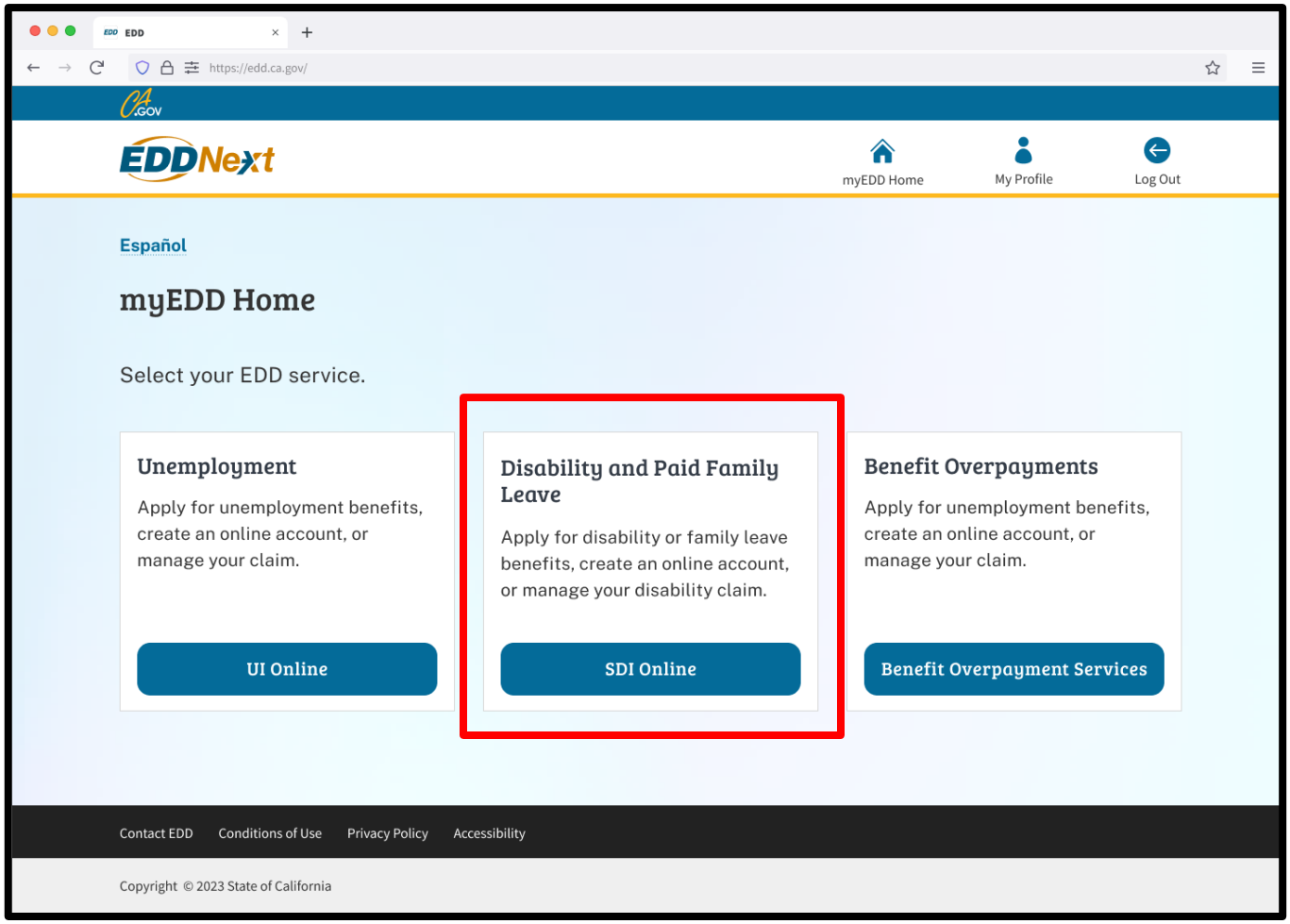
Select **Send Email**.

If you set up the login verification option as text message or phone call, follow the instructions based on that option.



Check your email for your verification code. This code expires in five minutes. Check your spam or junk folder if you do not get this email.

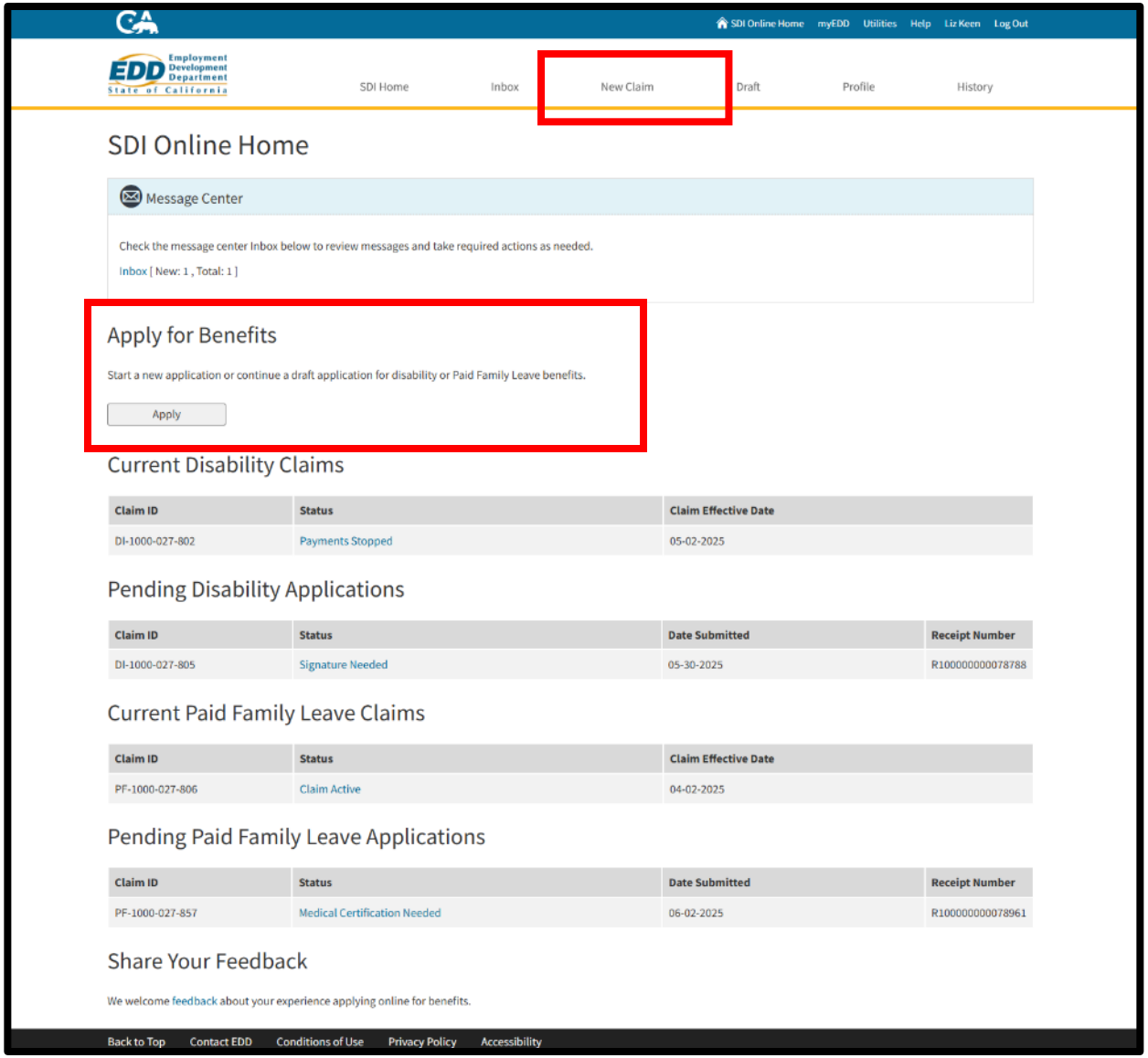
- Enter your verification code and select **Submit**.
- Select **resend the email** if you do not get a code.



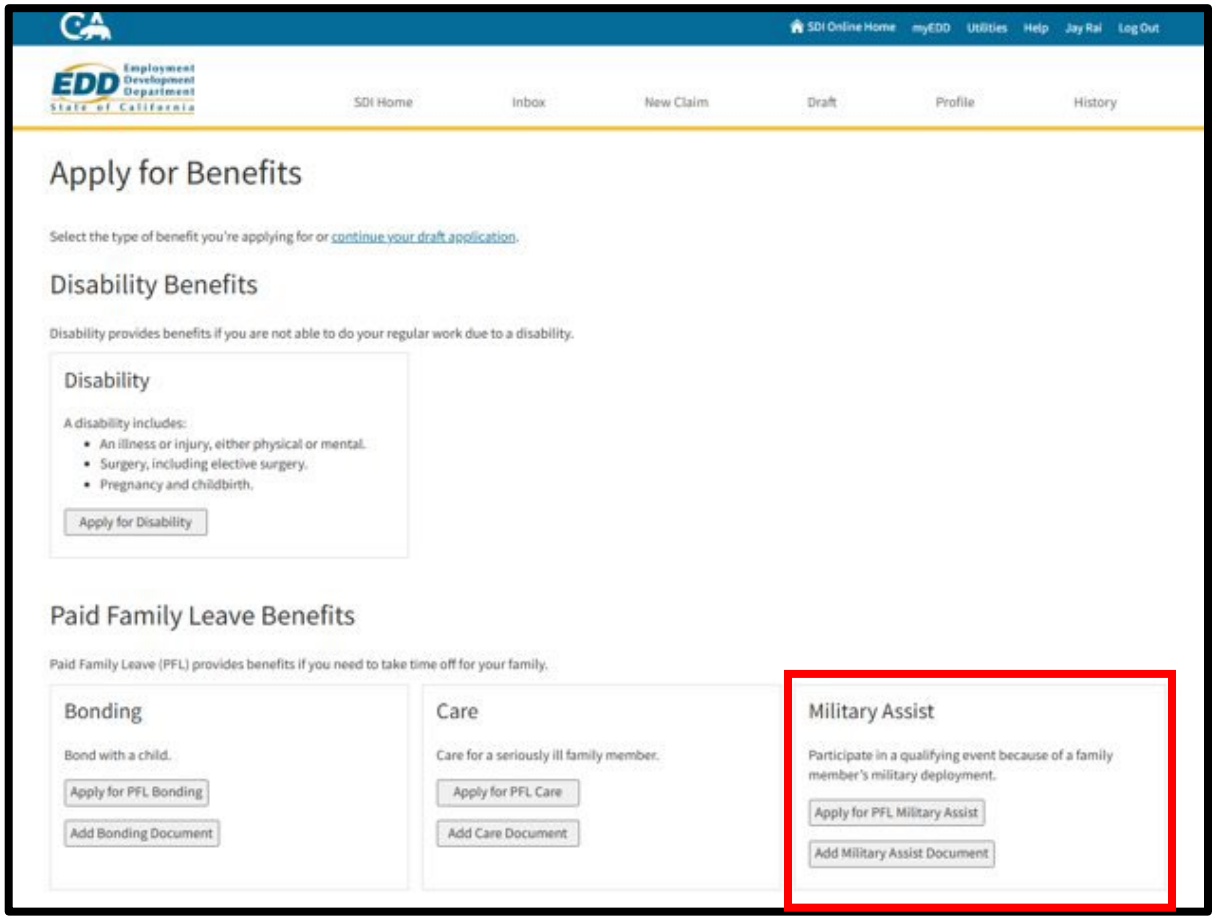
Tip

Select **Log Out** in the top right corner of any screen to exit your account.

From the myEDD homepage, select **SDI Online.**



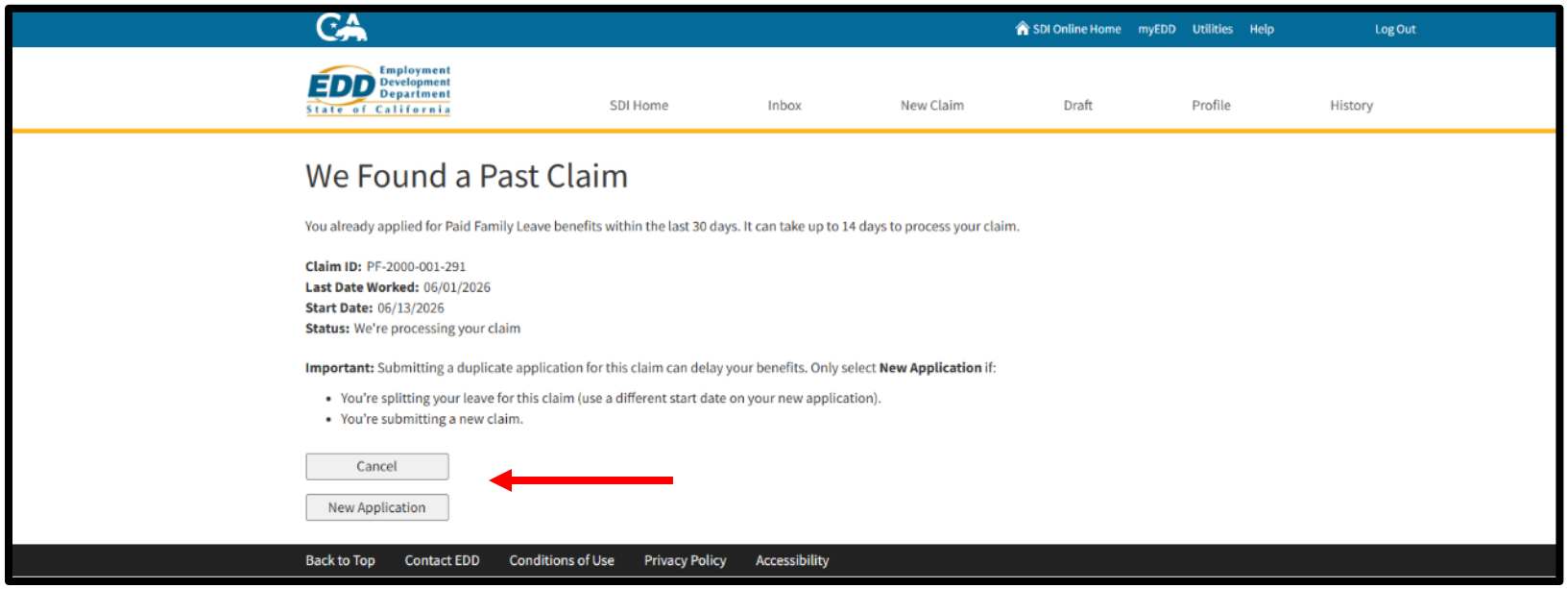
Select **New Claim** from the main menu or the **Apply** button under Apply for benefits.



Select **Military Assist** under Paid Family Leave Benefits.

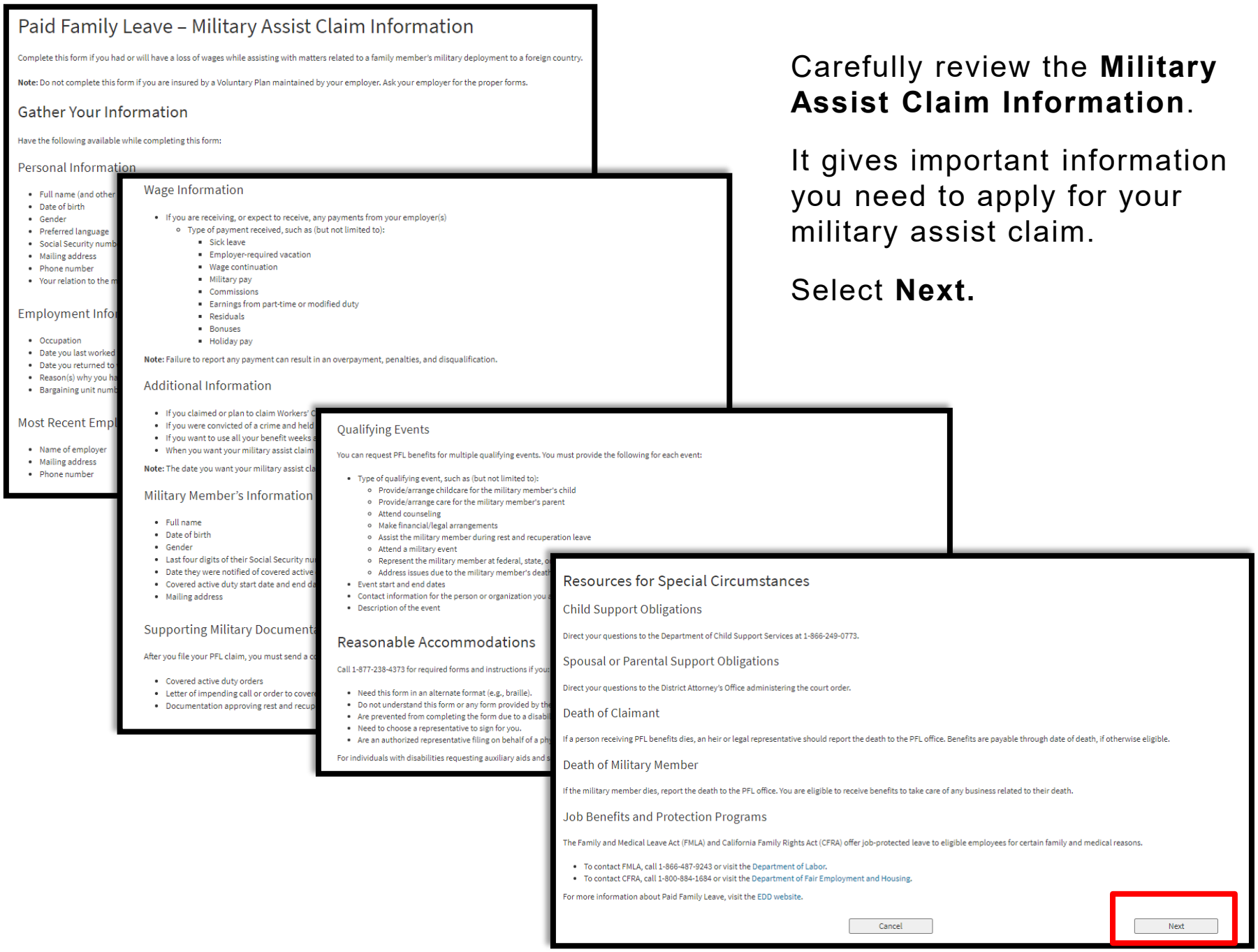
Note

Submit your application no earlier than the first day your family leave begins, but no later than 41 days after your family leave begins, or you may lose benefits.



If you already filed a Paid Family Leave claim in the last 30 days you will see this alert screen. It will show you the existing claim information.

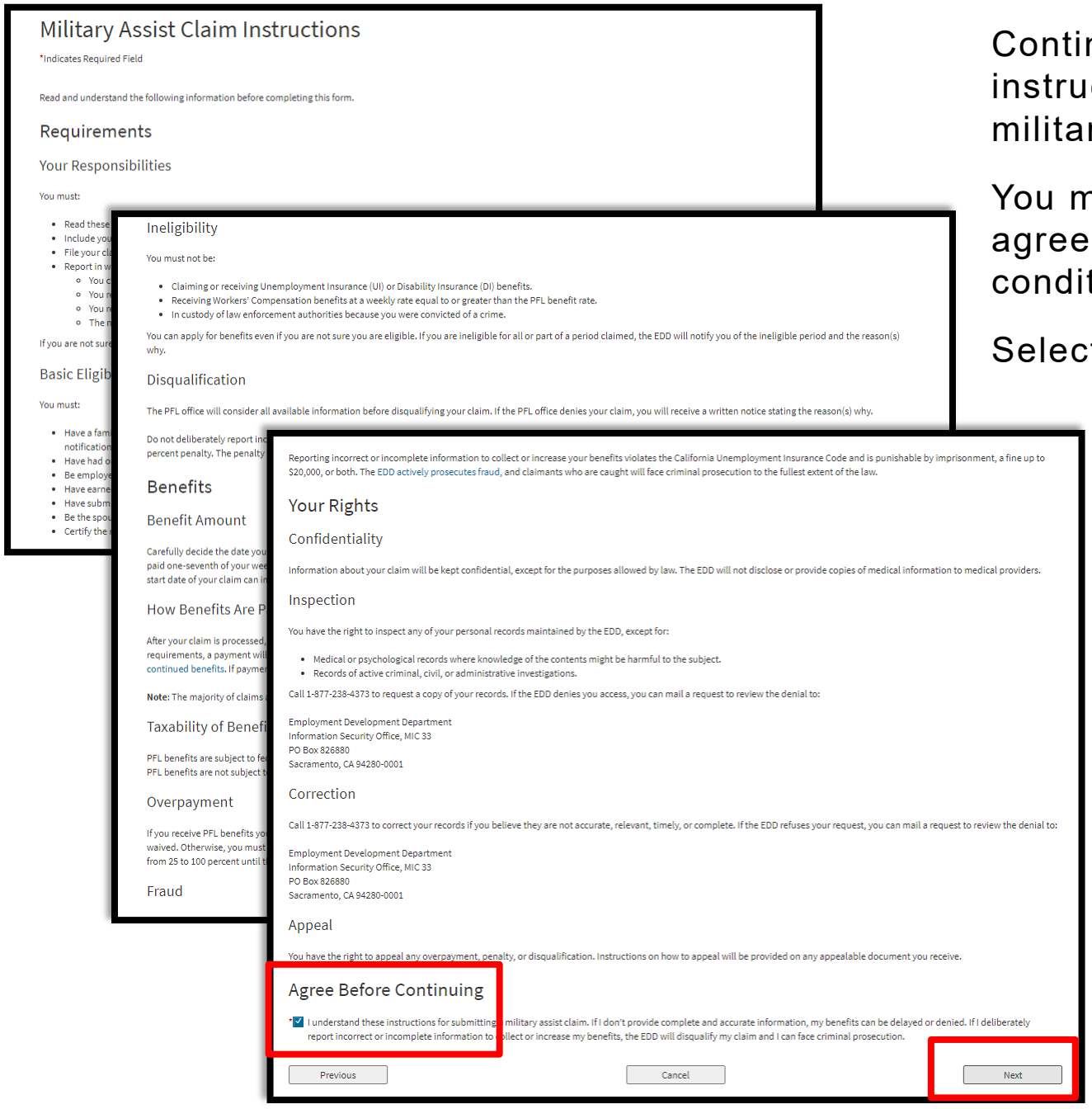
You can still submit a New Application, or you may select the Cancel button if you selected “Apply” by mistake.



Carefully review the **Military Assist Claim Information**.

It gives important information you need to apply for your military assist claim.

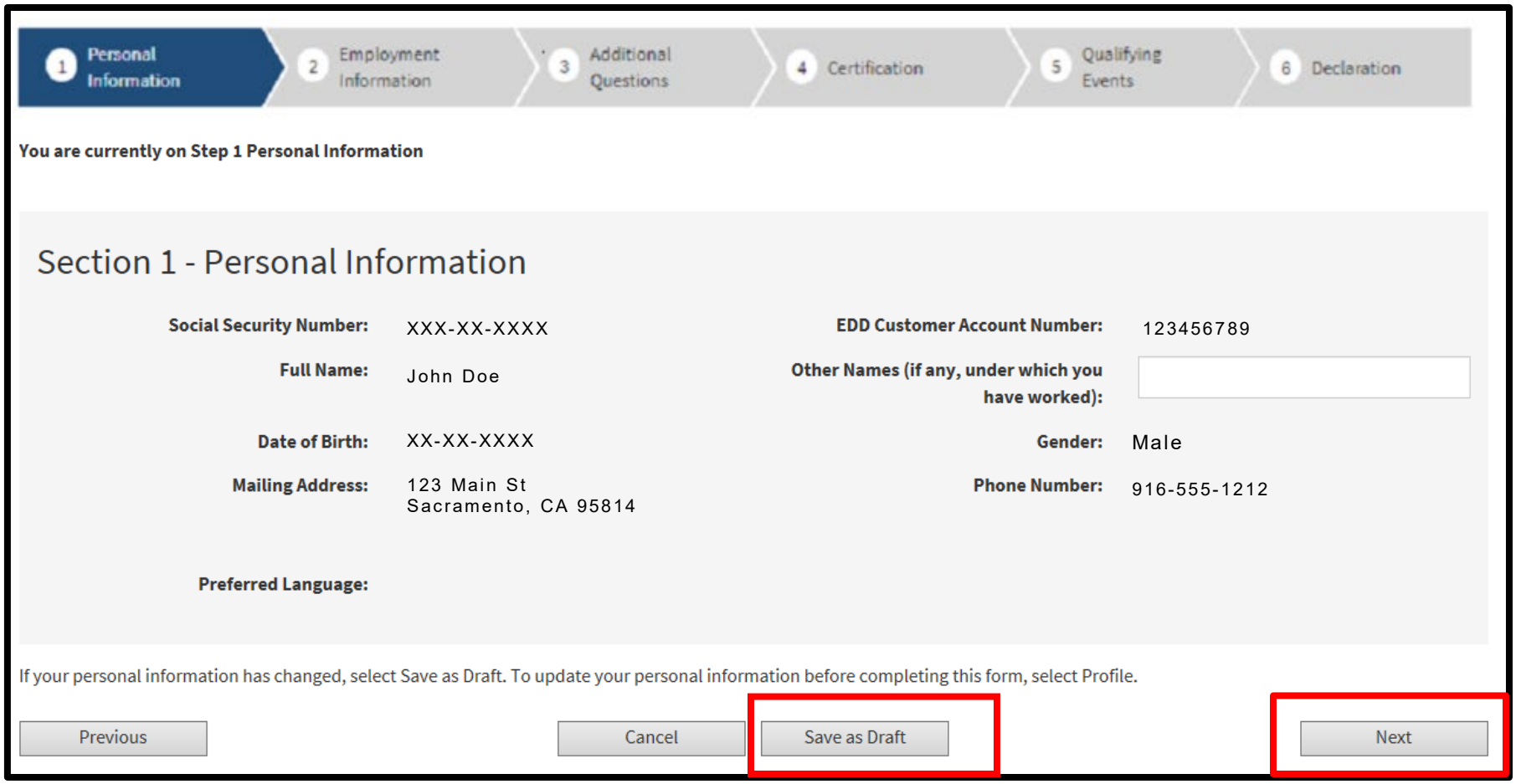
Select **Next.**



Continue to review all the instructions on how to file a military assist claim.

You must check the box to agree to our terms and conditions.

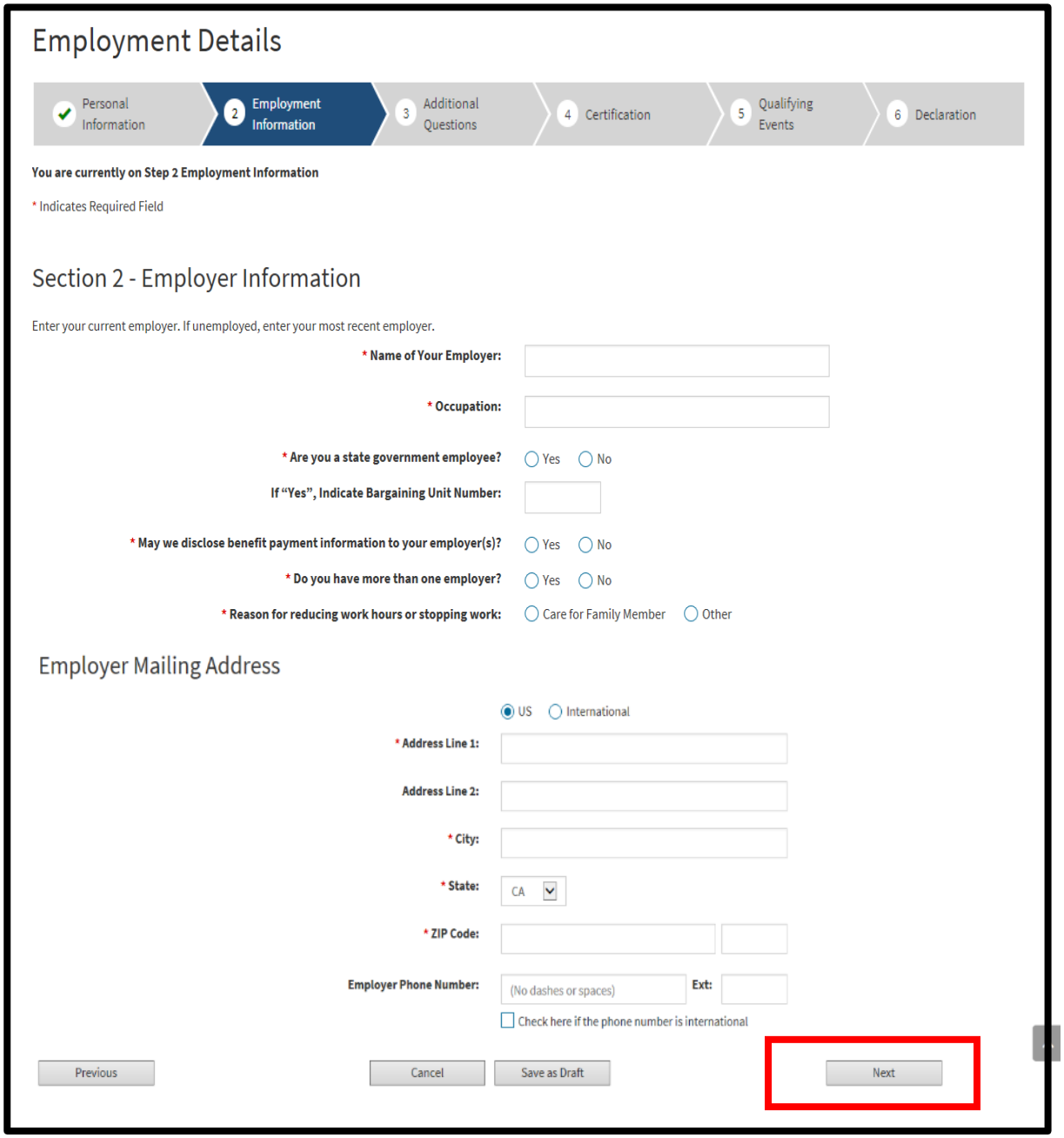
Select **Next** to continue.



The system automatically fills certain portions of the application.

Make sure the information is correct. If your personal information has changed, select **Save as Draft** and update your SDI Online profile.

Select **Next** to continue.

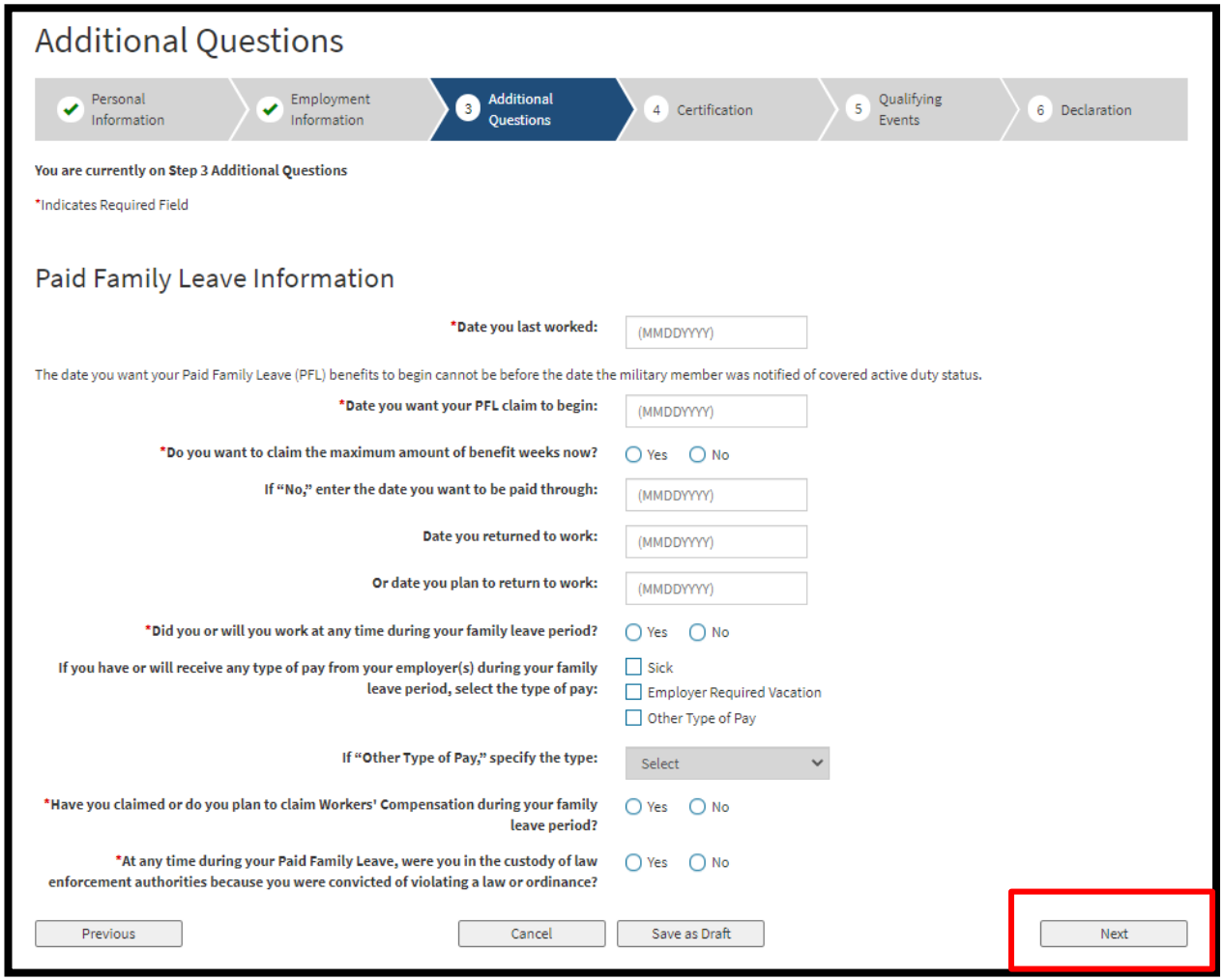


Complete Section 2 - Employer Information with your current employer's business name, phone number, and mailing address as shown on your W-2 or paystub.

If you are unsure what address to enter, ask your employer.

You must complete the fields marked with a red asterisk (*).

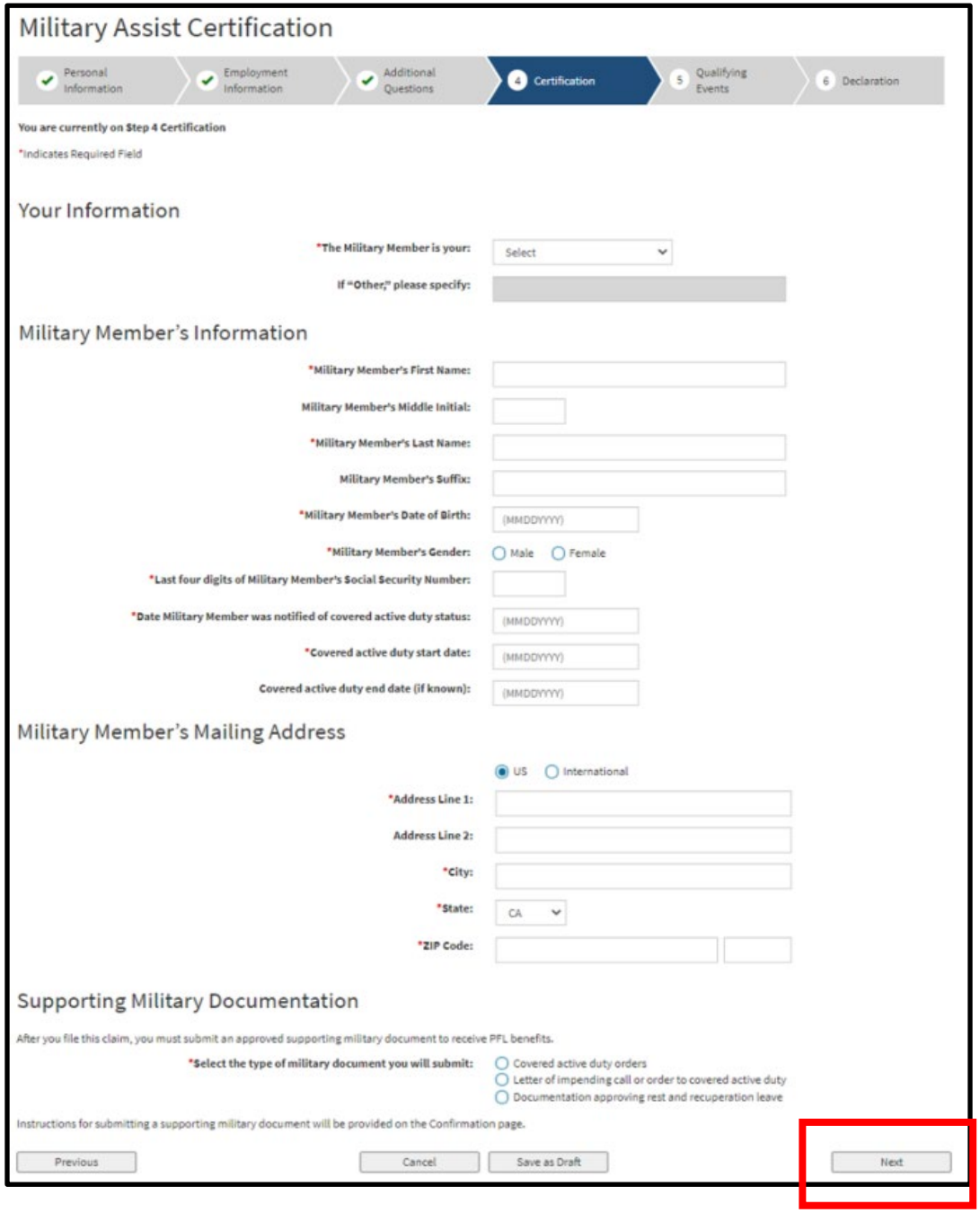
Select **Next**.



Complete the Paid Family Leave Information section. Make sure all dates are correct to avoid a delay or incorrect payment of benefits.

You must complete the fields marked with a red asterisk (*).

Select **Next**.



Complete the following sections:

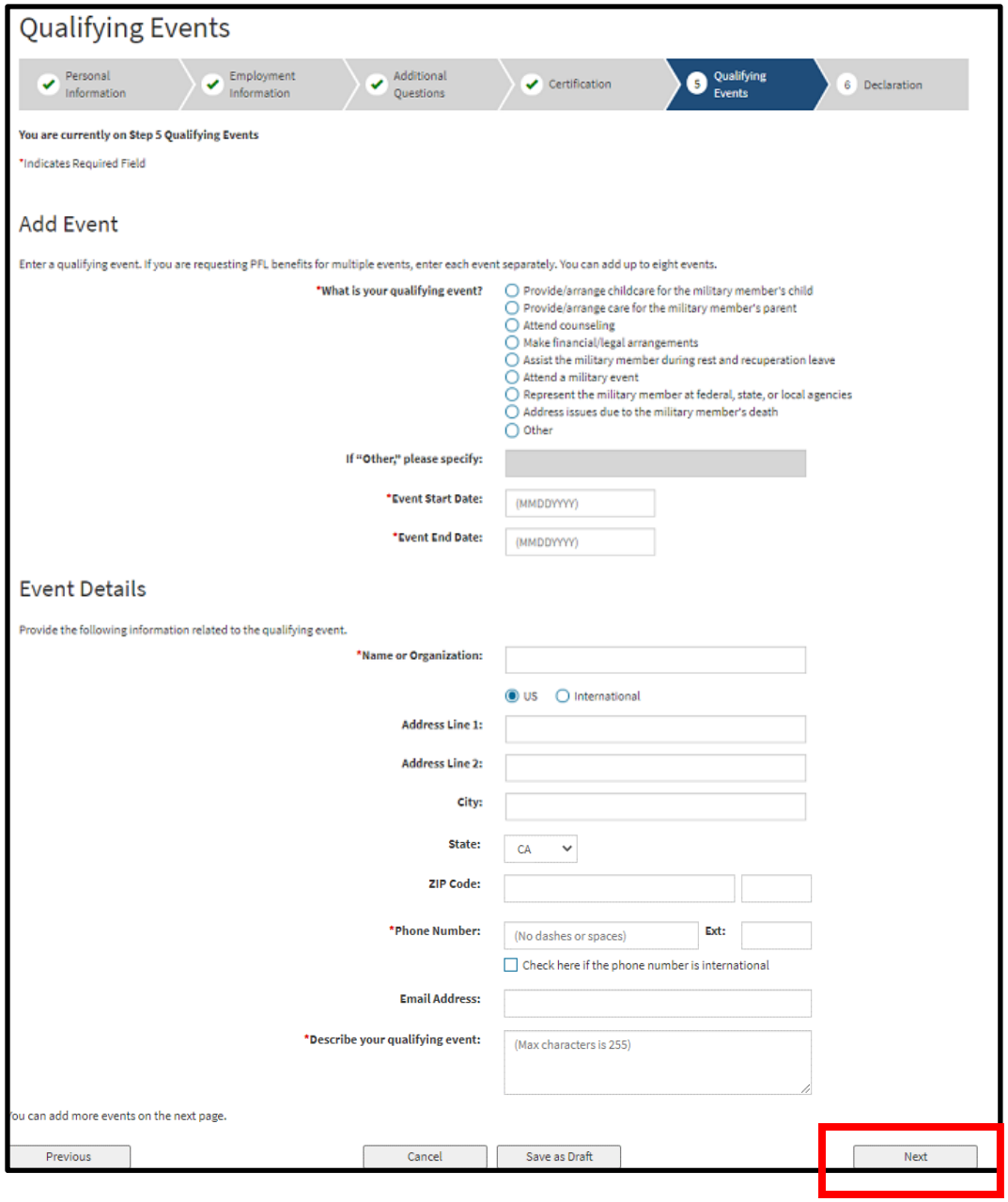
- Your Information
- Military Member's Information
- Military Member's Mailing Address
- Supporting Military Documentation

Make sure the information you enter is about the military member you are assisting.

You must complete the fields marked with a red asterisk (*).

Instructions on how to submit supporting military documentation are available on the Confirmation screen.

Select **Next**.



Complete the following sections:

- Add Event
- Event Details

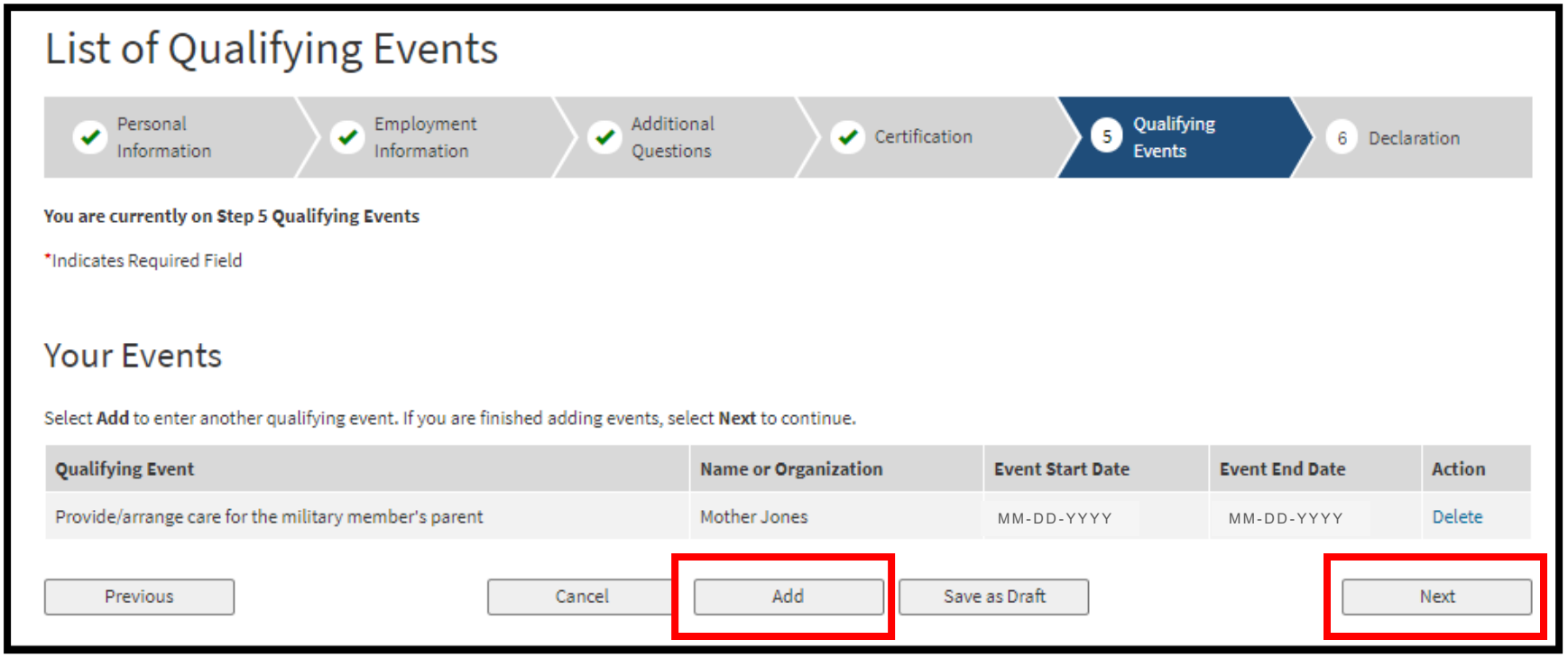
Make sure you enter information about the qualifying event you plan to attend.

If requesting military assist benefits for multiple events:

- Enter each event separately.
- You can add up to eight events.
- Instructions to add additional events are located on the next page.

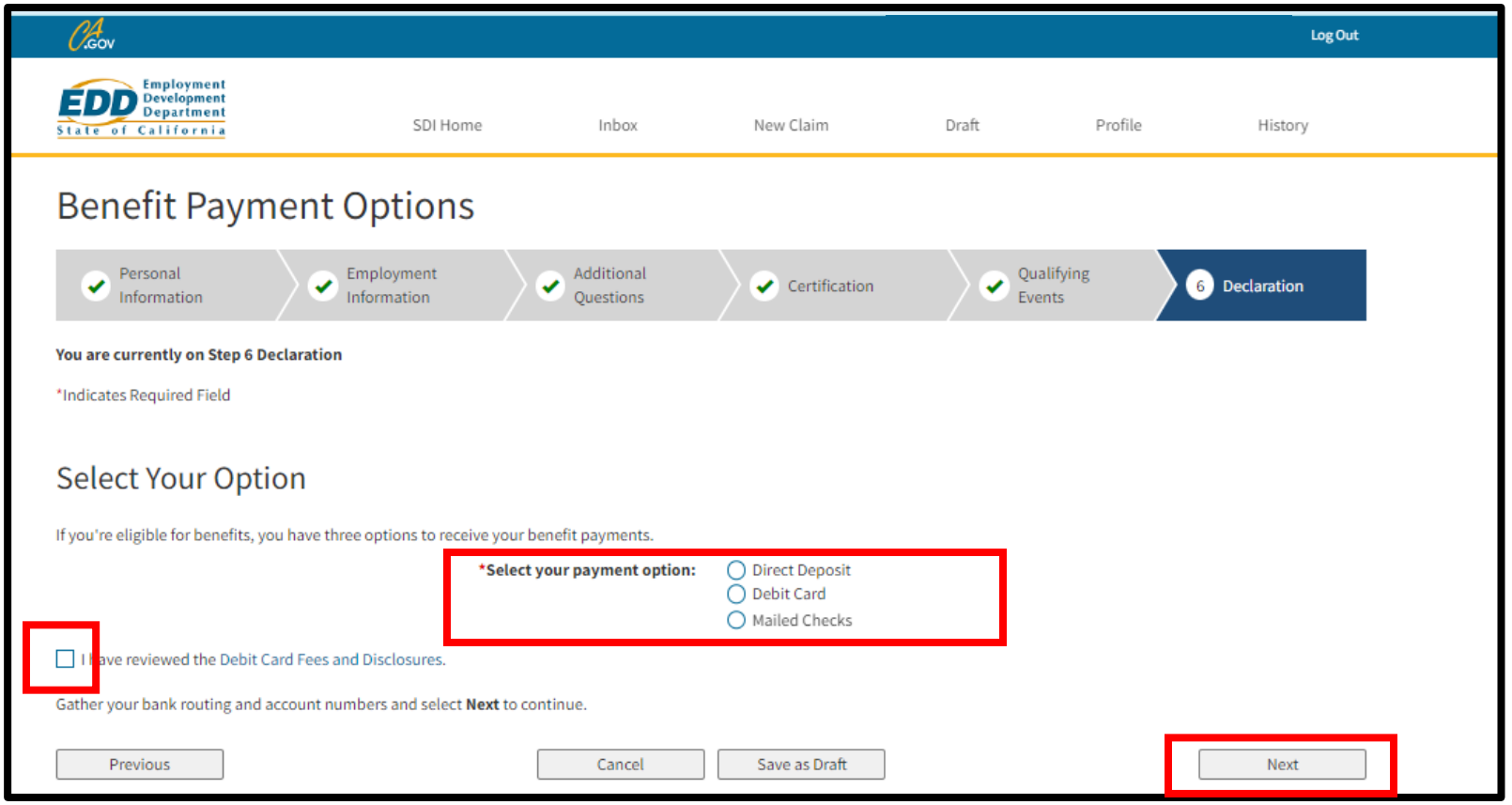
You must complete the fields marked with a red asterisk (*).

Select **Next** to continue.



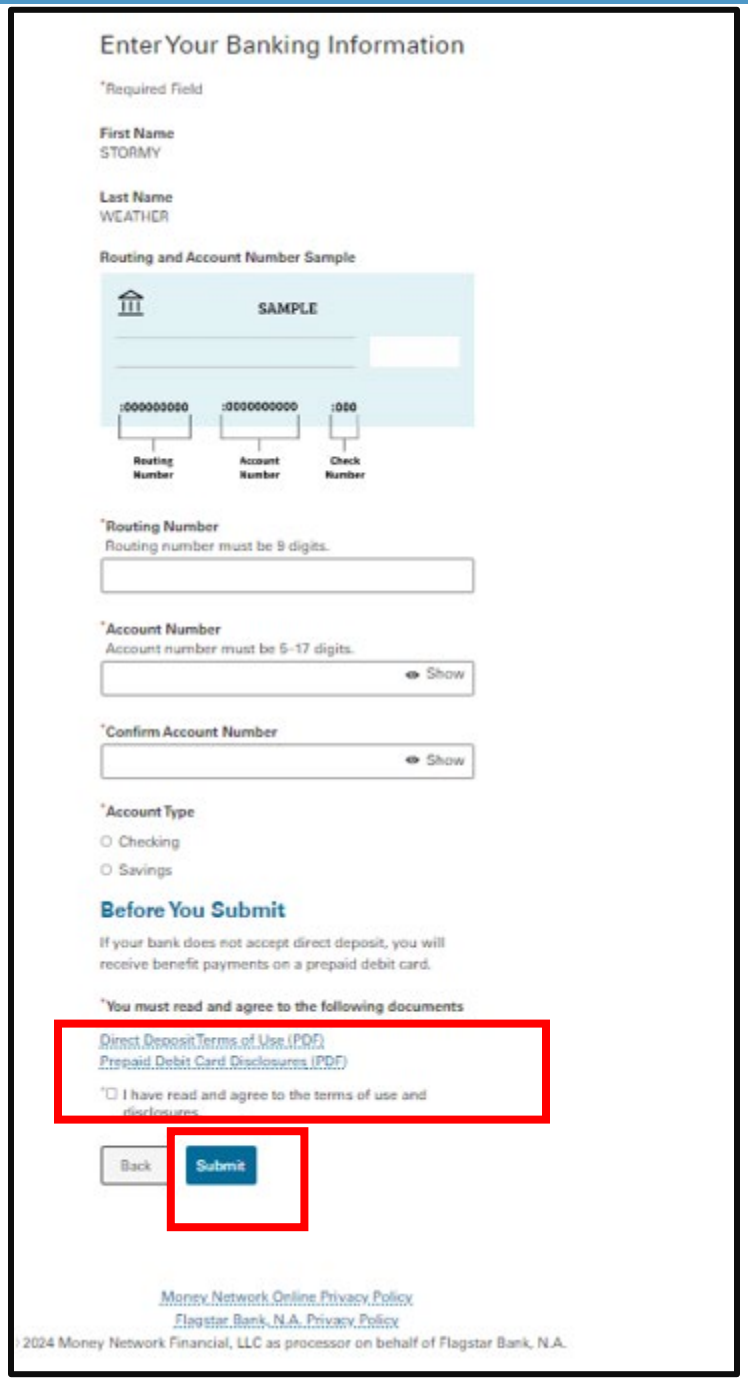
To add more than one event:

- Select **Add** and enter the event information.
- Select **Next** once all events have been added.



On the Benefit Payment Options screen, choose your benefit payment option.

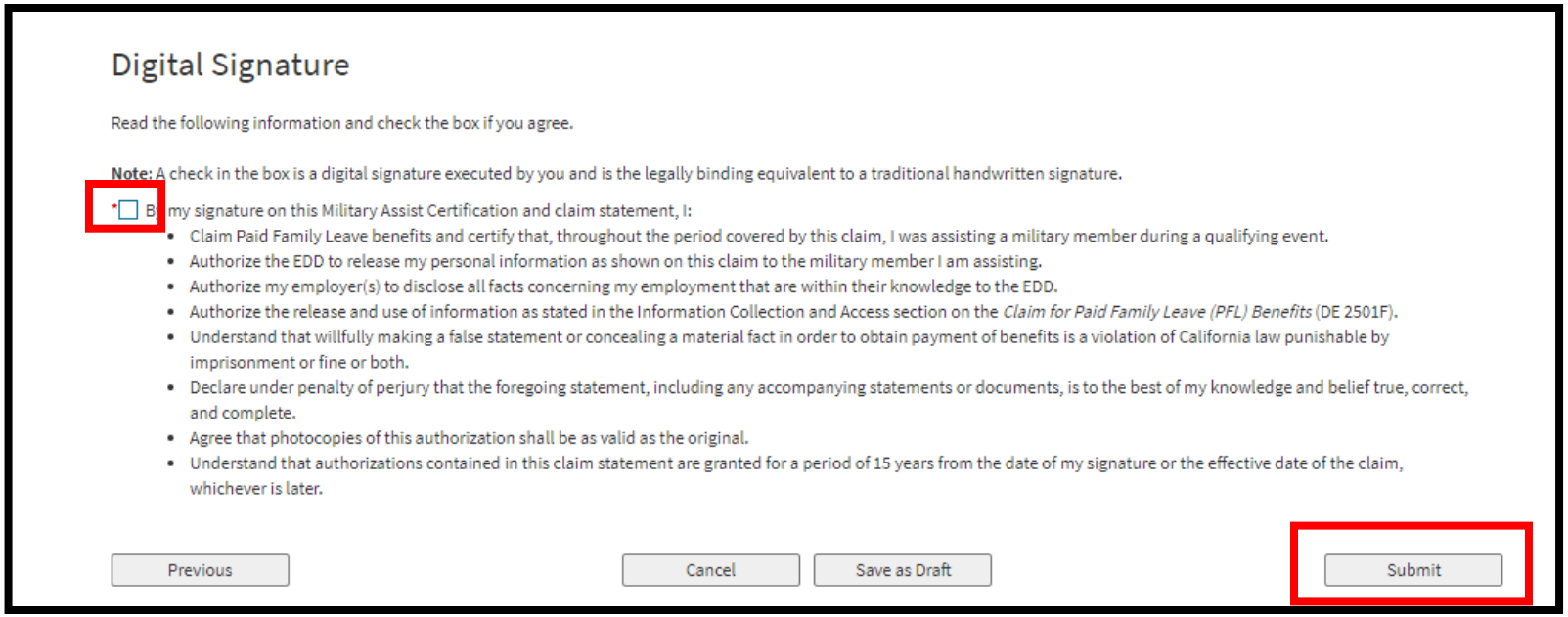
Select the **"I have reviewed..."** box to confirm you have read the disclosures, then select Next.



If you selected Direct Deposit, you will be asked to provide your banking information.

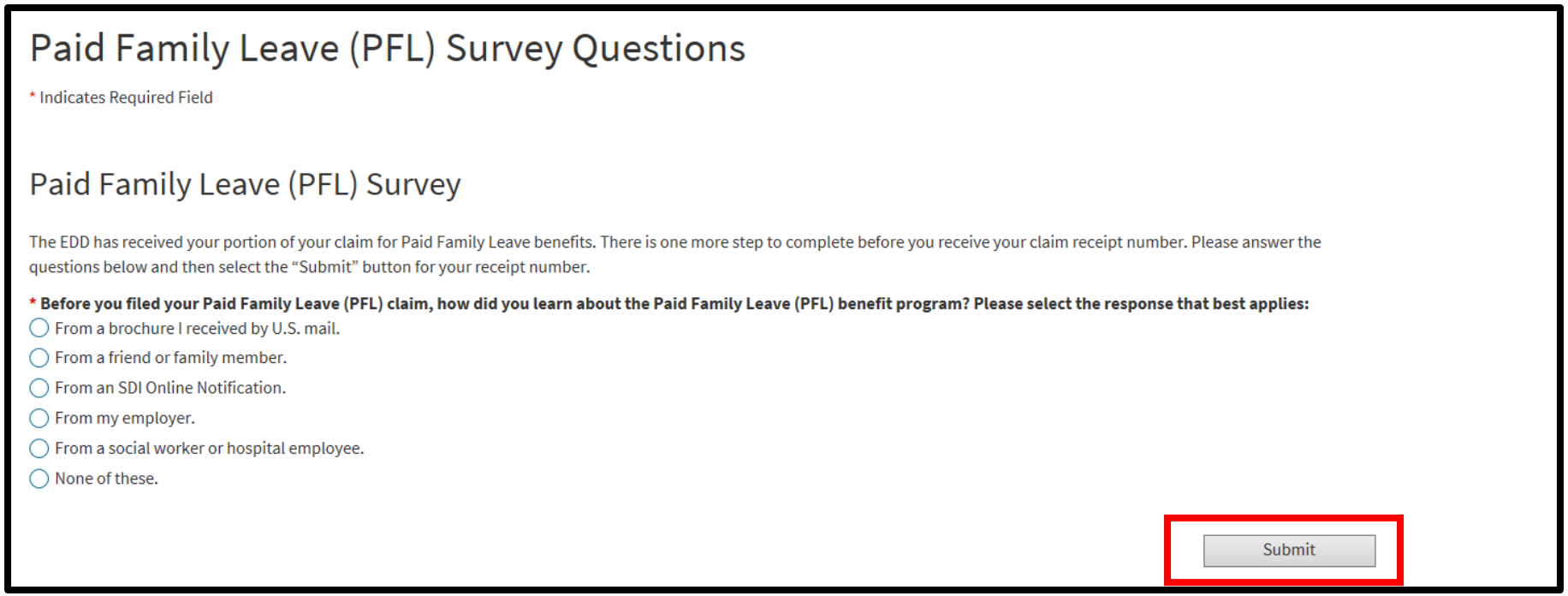
You must select and open the “terms of use” documents and disclosures before you can submit your information.

Select **Submit** to continue.

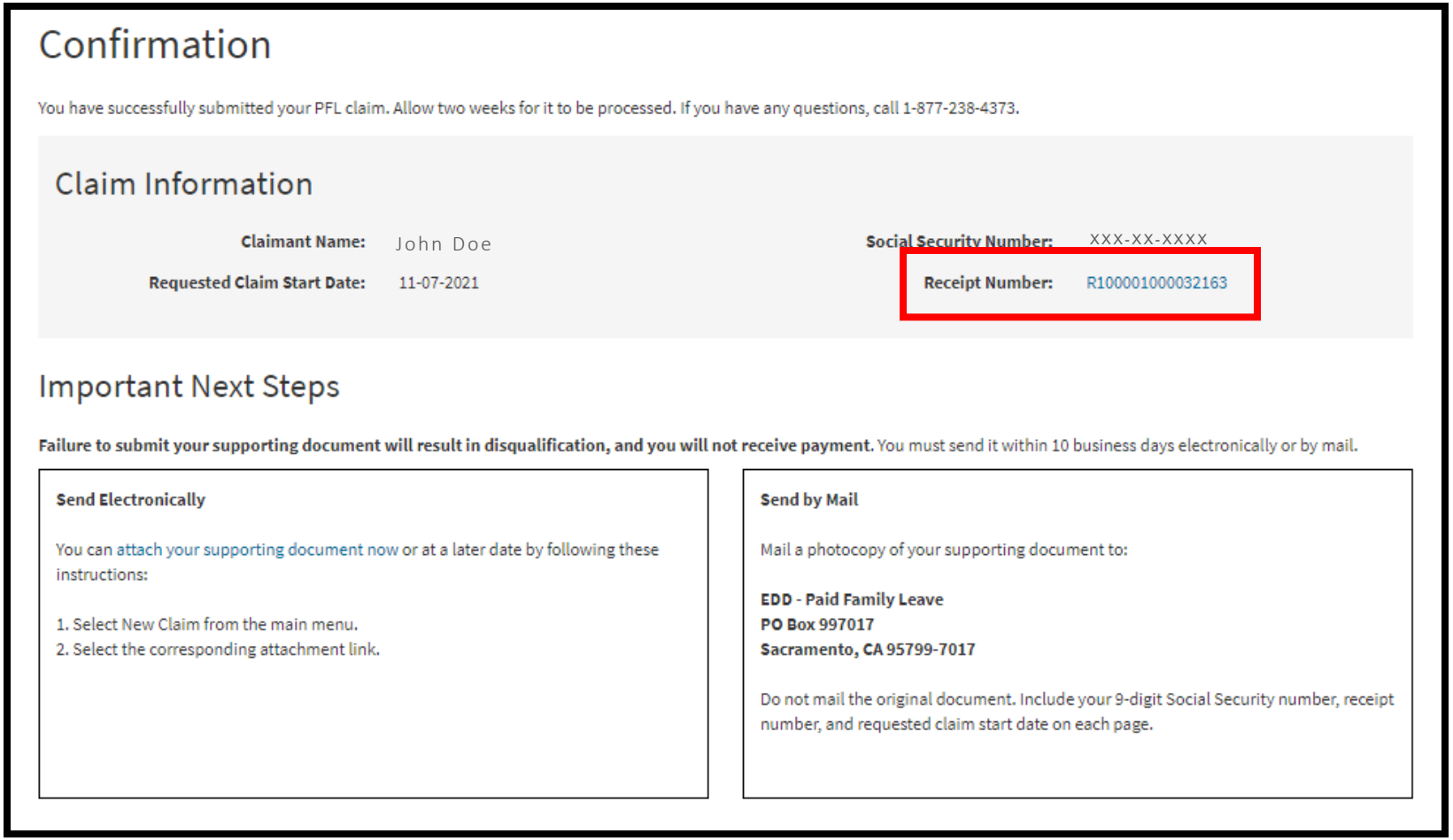


Next, select the box to acknowledge your digital signature.

Select **Submit** to continue.



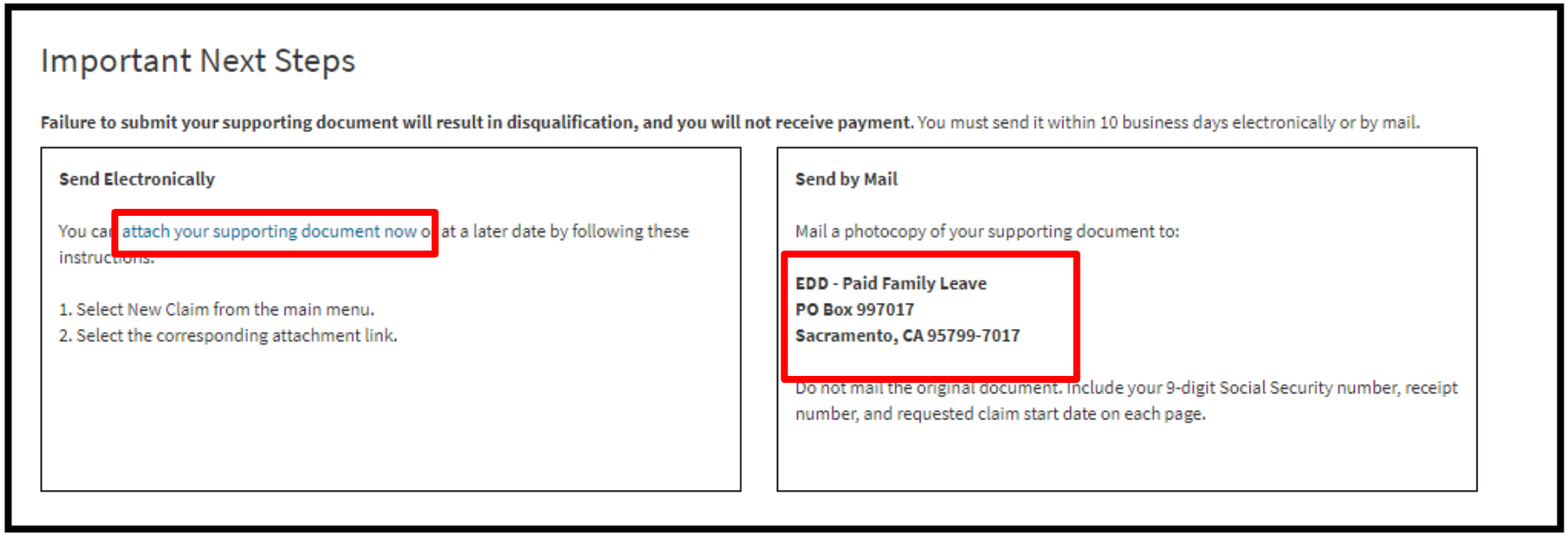
Complete the survey and select **Submit**.



We assign your claim a **Receipt Number** on the Confirmation screen.

Save the **Receipt Number.** You need this number to upload your supporting documentation to the correct online claim.

This Confirmation screen also gives you instructions on how to upload your documentation to your military assist claim.



To complete your military assist claim, you must send us your supporting military documentation and documentation of the qualifying event within 10 days.

To submit your documentation online:

- Select **attach your supporting document now**.
- Use the Submit Supporting Military Assist Claim Documents section of this tutorial for instructions.

To submit your documentation by mail:

- Send copies of your supporting military documentation and documentation of the qualifying event to the address on the screen.
- Do not mail the original documents. Include your nine-digit Social Security number, Receipt Number, and the date you want your claim to start on each page.

How to Submit your Supporting Military Assist Documents

Learn how to submit supporting documents to complete your application for military assist benefits.

Get Started

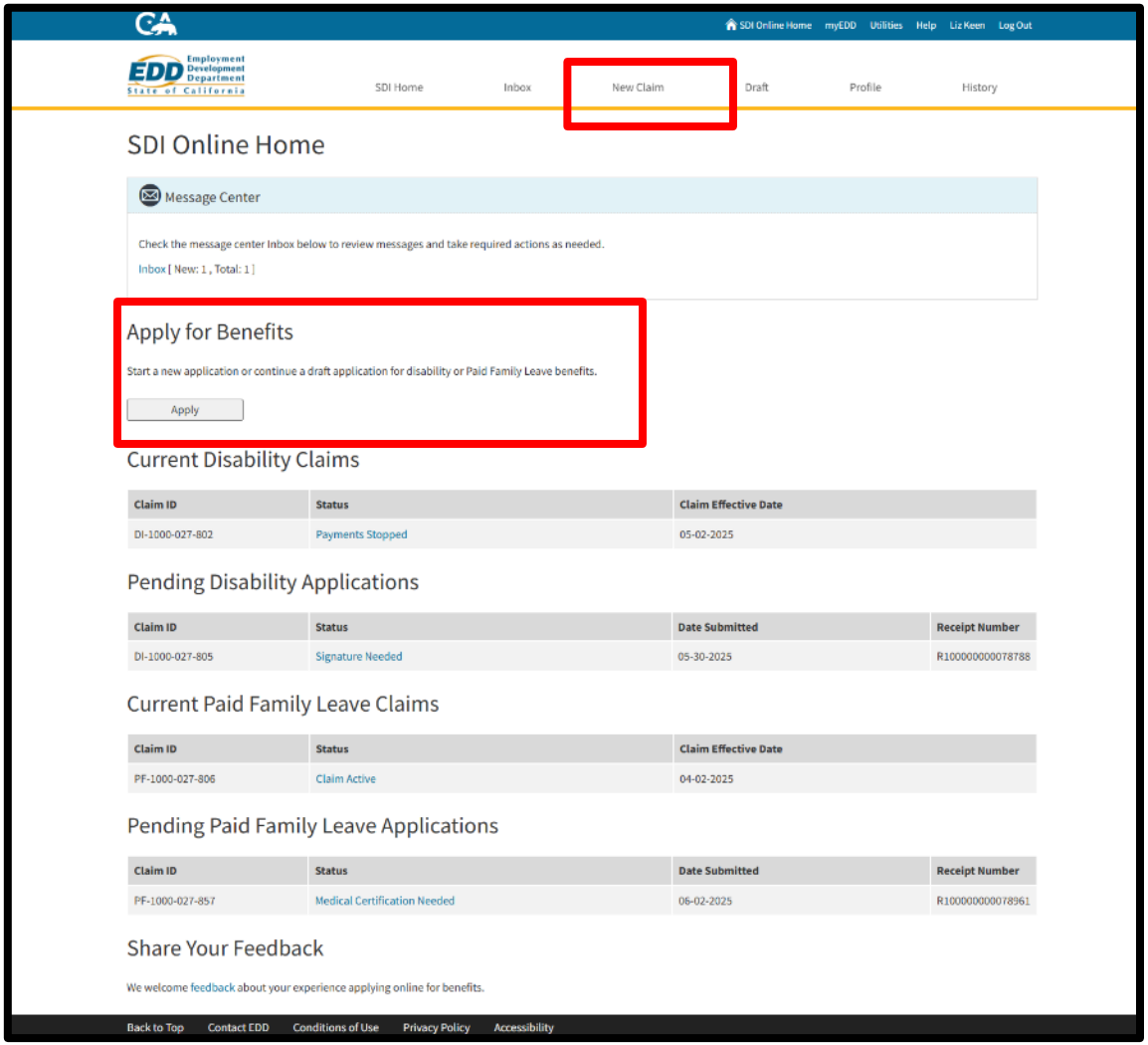
To avoid processing delays for your uploads:

Note

To upload a document, save the document to your computer or phone as a PDF, JPG, JPEG, TIF, or TIFF file. All file sizes must be 5MB or less.

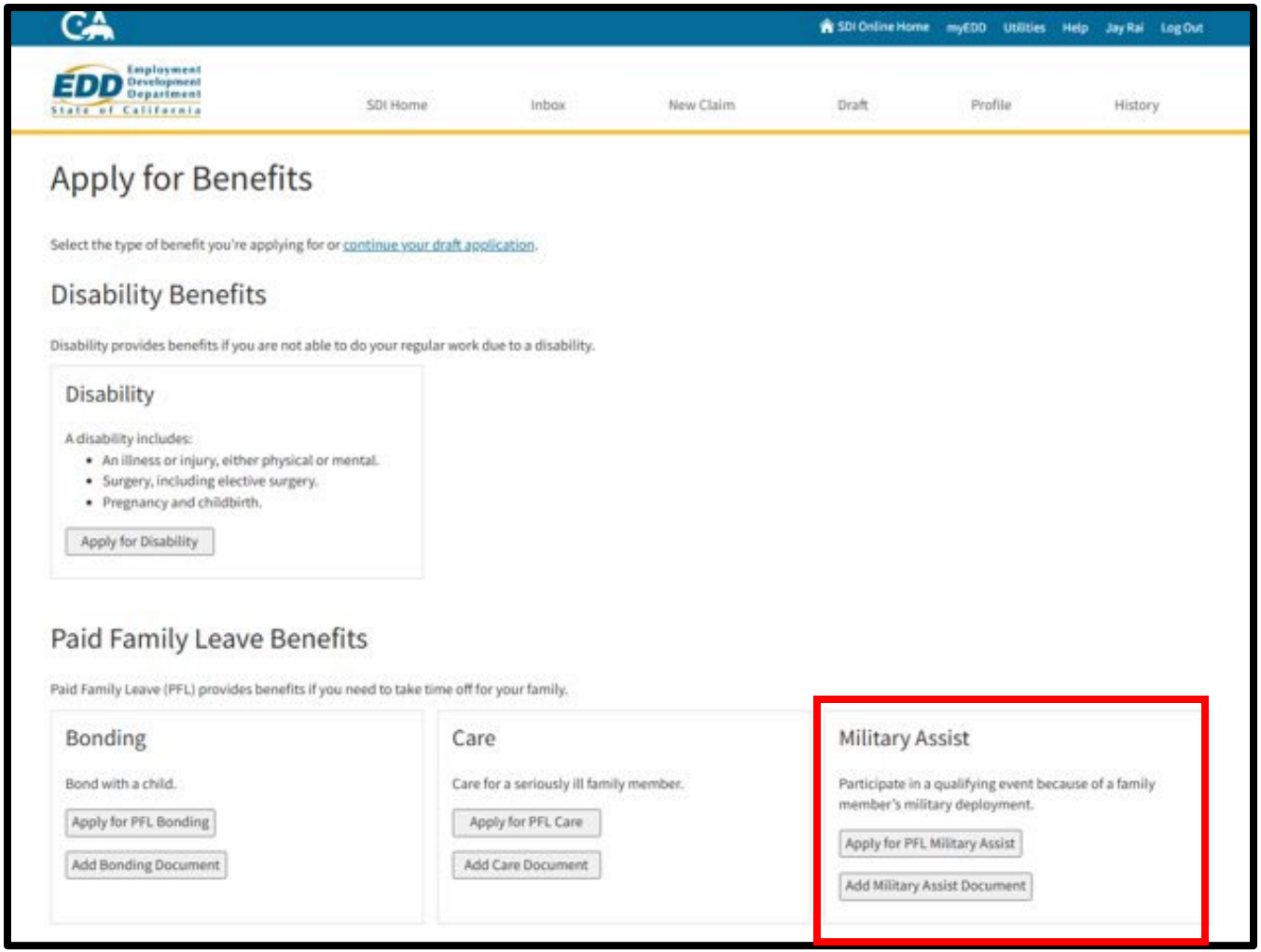
Important

You must send us these documents no more than 10 days from the date you filed your claim.

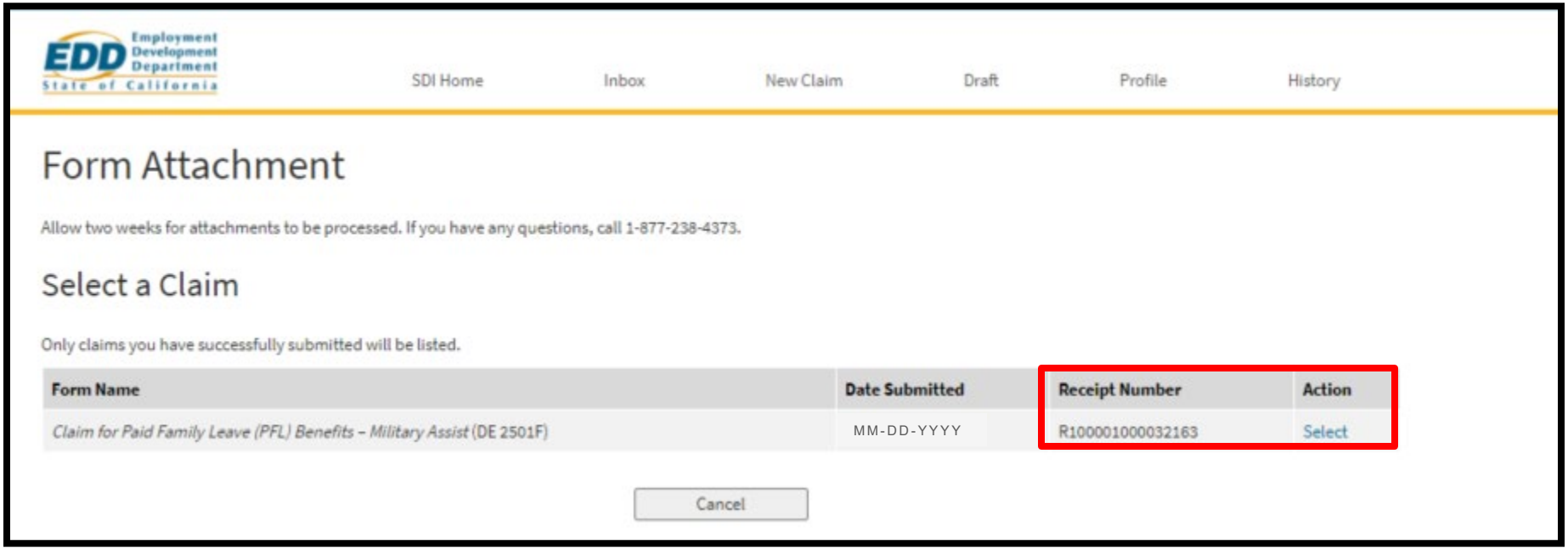


To upload the military documentation and documentation of the qualifying event we need for your online claim:

- Return to your homepage.
- Select **New Claim** from the main menu or use the **Apply** button.

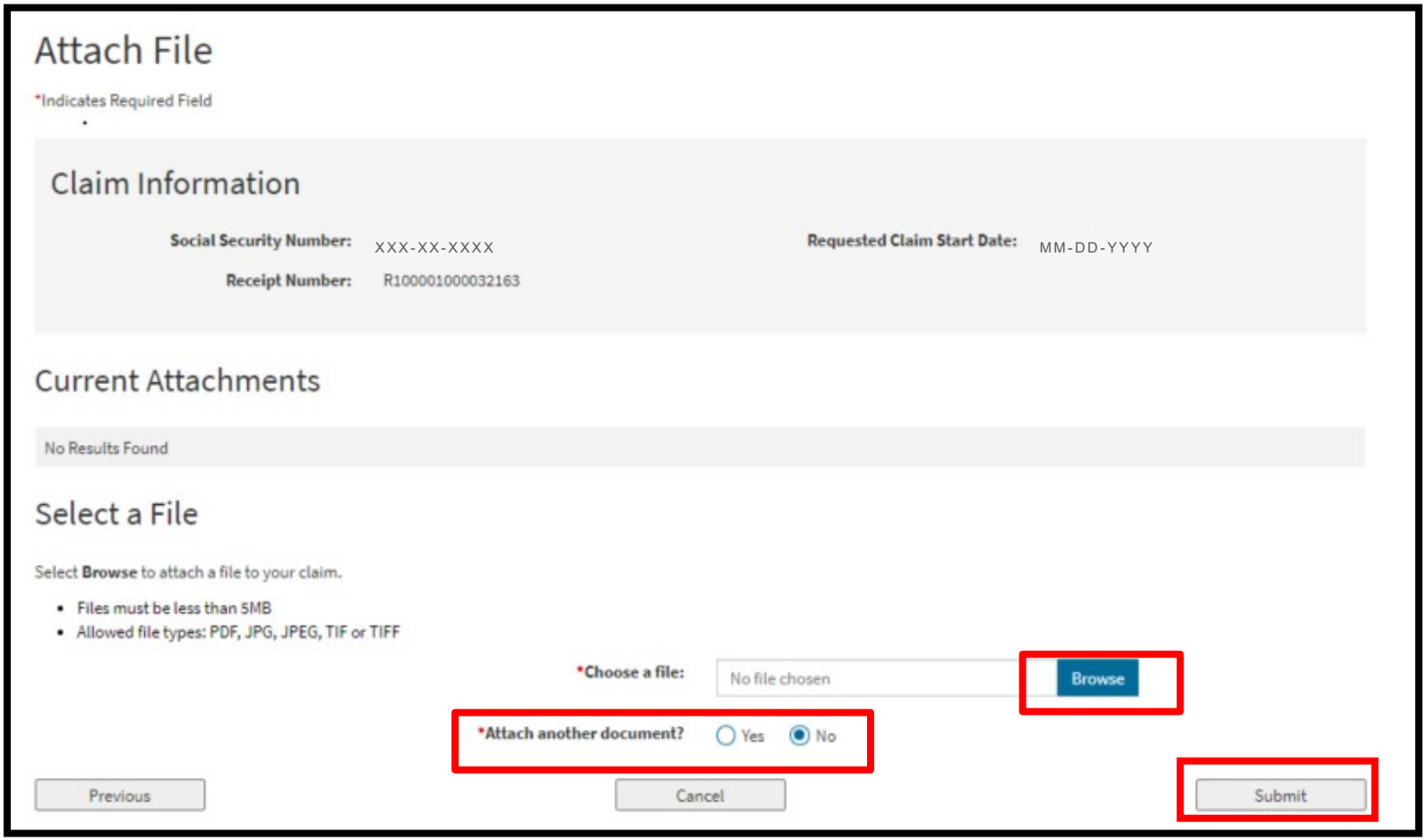


Under Paid Family Leave Benefits, select **Add Military Assist Document**.



Make sure the **Receipt Number** on the screen matches the number you got when you submitted the online application.

If it matches, choose **Select** from the **Action** column to attach a document to your file.



Select **Browse** to upload a document from your computer or phone.

To upload more than one document, select **Yes** to “Attach another document?” and then select **Submit**. This sends you back to the Attachment screen to continue uploading documents.

When you are done uploading your documents, select **No** to “Attach another document?” and then select **Submit.**

The Attachment Confirmation screen confirms the attachment was submitted.

Save the **Receipt Number** for future reference.

Your completed application

Your military assist application is complete when you send us the supporting military documentation and documentation of the qualifying event.

Allow at least 14 days for us to process your completed application.

Do not submit the same application more than once. This may delay your benefits.

If you can't upload your supporting documents, you can mail them to:

State of California
Employment Development Department
P.O. Box 989315
West Sacramento, CA 95798-9315

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1-877-238-4373

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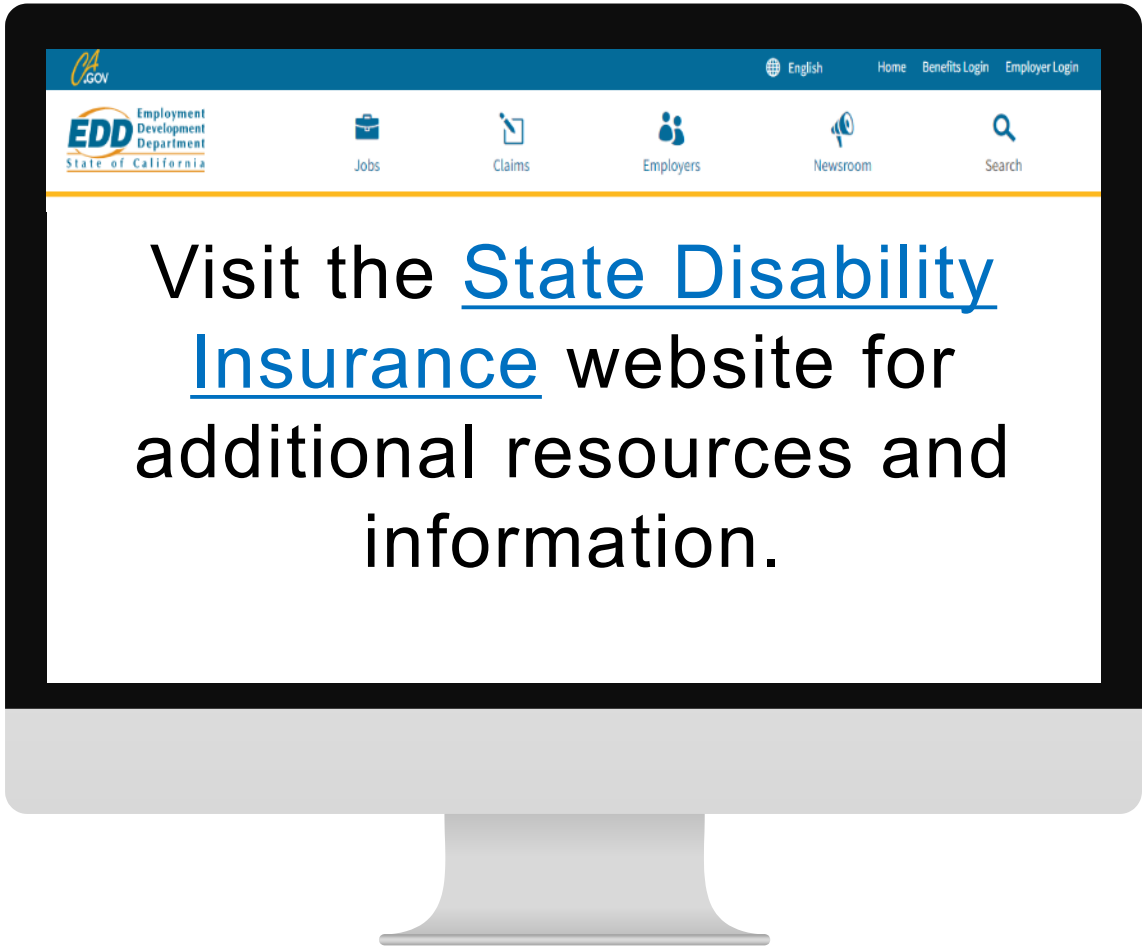

EDD is an equal opportunity department for this information. If you need help or services because of a disability, call 1-866-490-8879. TTY users, please call the California Relay Service at 711.