SDI ONLINE TUTORIAL

Military Assist Claim: Quick Start Checklist

Before You Apply

Get Your Information

Last Updated: February 2026

*Before you apply for **Paid Family Leave Military Assist** benefits you will need your personal and employment information. Please gather the following:*

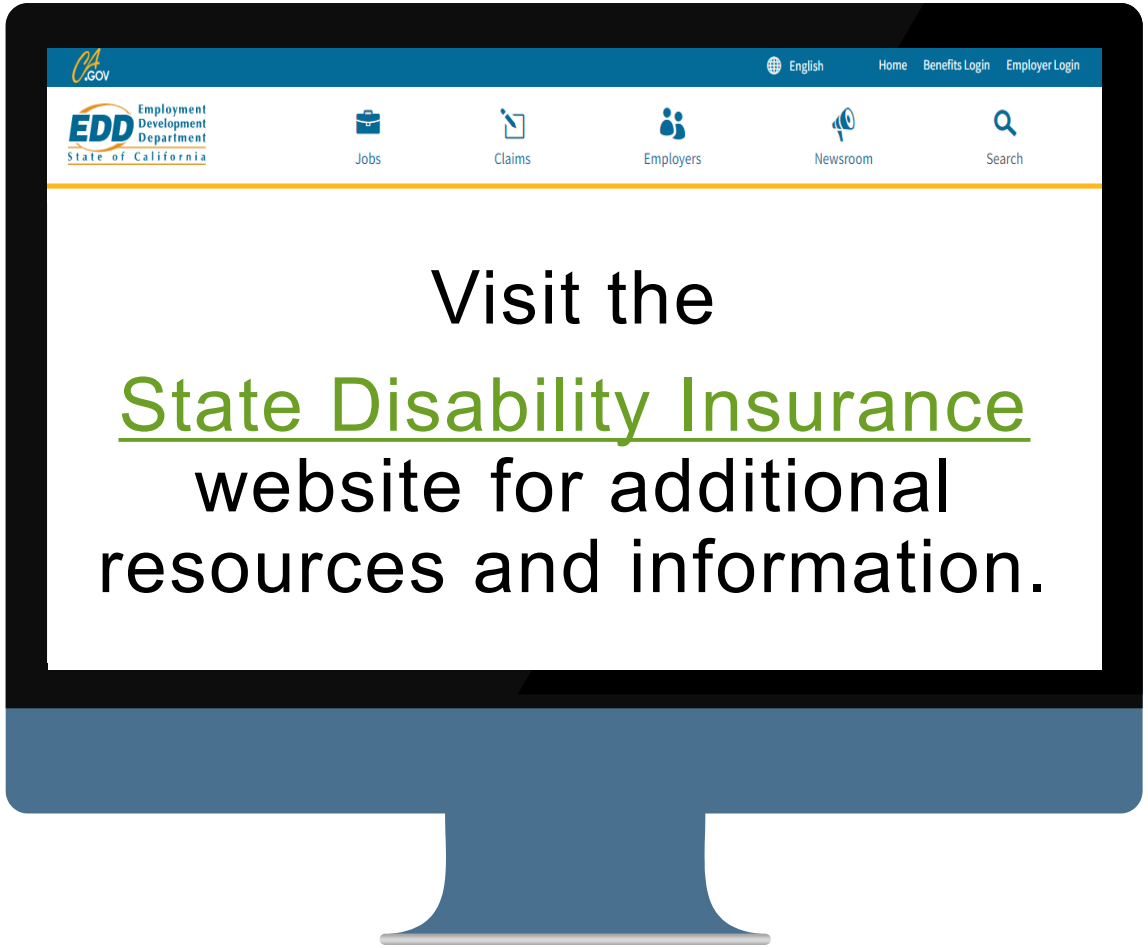
Personal information	❑ **Full name.** ❑ **Date of birth.** ❑ **Contact details, such as address and phone number.** ❑ **Social Security number(s) that you worked under.** ❑ **Photo Identification.** ❑ **Second Identification.** **Acceptable Documents for Verification (https://edd.ca.gov/en/disability/acceptable-document-verification/).**
Employment information	❑ **Most recent or current employer information:** ○ **Name** ○ **Phone Number** ○ **Mailing address shown on your W-2** ❑ **Last day worked your normal hours.** ❑ **The date you returned to work (if you've returned).** ❑ **Any payments you will receive while disabled such as sick leave or vacation pay.** ❑ **If you will be taking intermittent leave, mark Yes on field A13.**

Paid Family Leave Military Assist *benefits cont.*

Military claim supporting documentation	❑ **Covered active-duty orders.** ❑ **Letter of an impending call or order to covered active duty.** ❑ **Documentation of military leave for the military member's rest and recuperation. This must have the signature of the approving authority.**
Qualifying Event documentation	❑ **A copy of a meeting announcement for informational briefings sponsored by the military.** ❑ **A copy of a bill for services for the handling of legal or financial affairs. A letter with detailed information for the meeting with a third party. It should include the reason for the meeting, location, and contact information.**

Fill out the application online or by paper. Make sure you answer all applicable questions, please, no "n/a" in any of the fields and submit the form.

- Your citizenship and immigration status do not affect eligibility.
- The fastest way to apply for disability benefits is online through myEDD, which provides the quickest processing times and 24/7 access.



The EDD is an equal opportunity department for this information.
If you need help or services because of a disability, call 1-866-490-8879.
TTY users, please call the California Relay Service at 711